

WALC online course

Session 7 - Katerina Pistola and Stefania Veldemiri "Collective Memory Walk " (Micro-Project)

Saturday May 2

with guests

Katerina Pistola



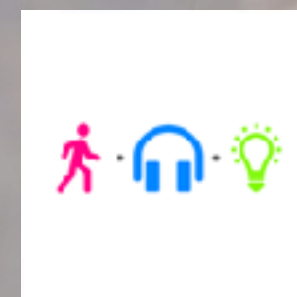
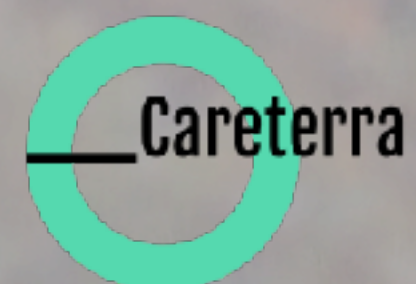
Stefania Veldemiri



Nikos Theodoropoulos



Kórinna Latèlis



WALC Online Course

May 2 2026, 16h30 CEST

SESSION 7

Collective Memory Walk

Walking as Witnessing: Memory, Place, and Stories

with Katerina Pistola

Walking through stories

with Stefania Veldemiri

Footsteps in History

with guest Nikos Theodoropoulos

Where is Ilissos?

with guest Kórinna Latélis

Walking practice and conversation



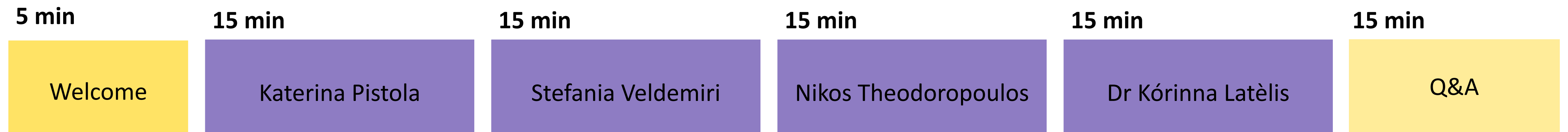
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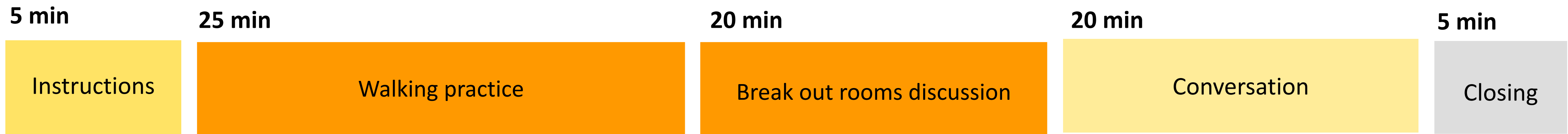
WALC

Walking Arts
& Local Communities

Session 7 Timeline - May 2

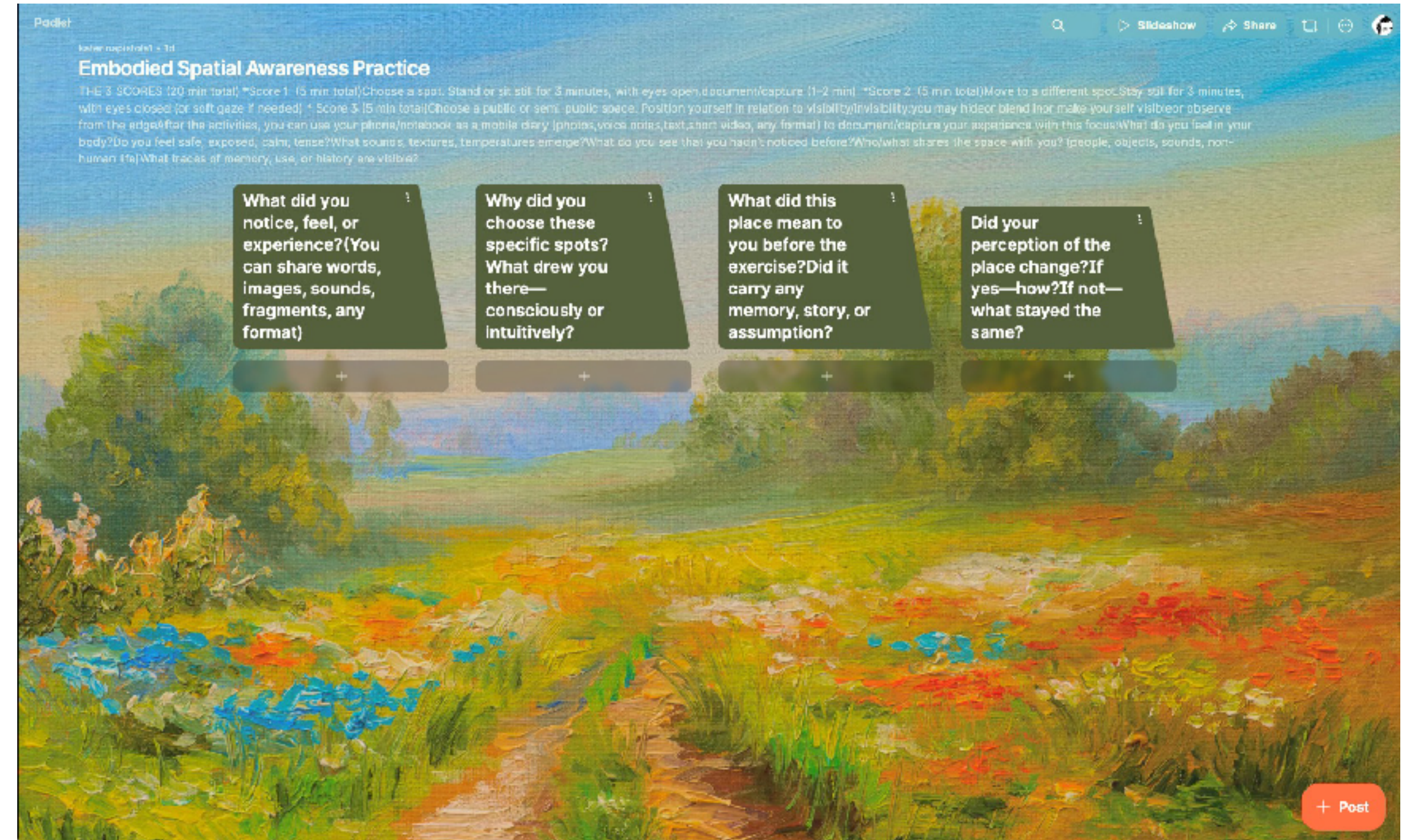
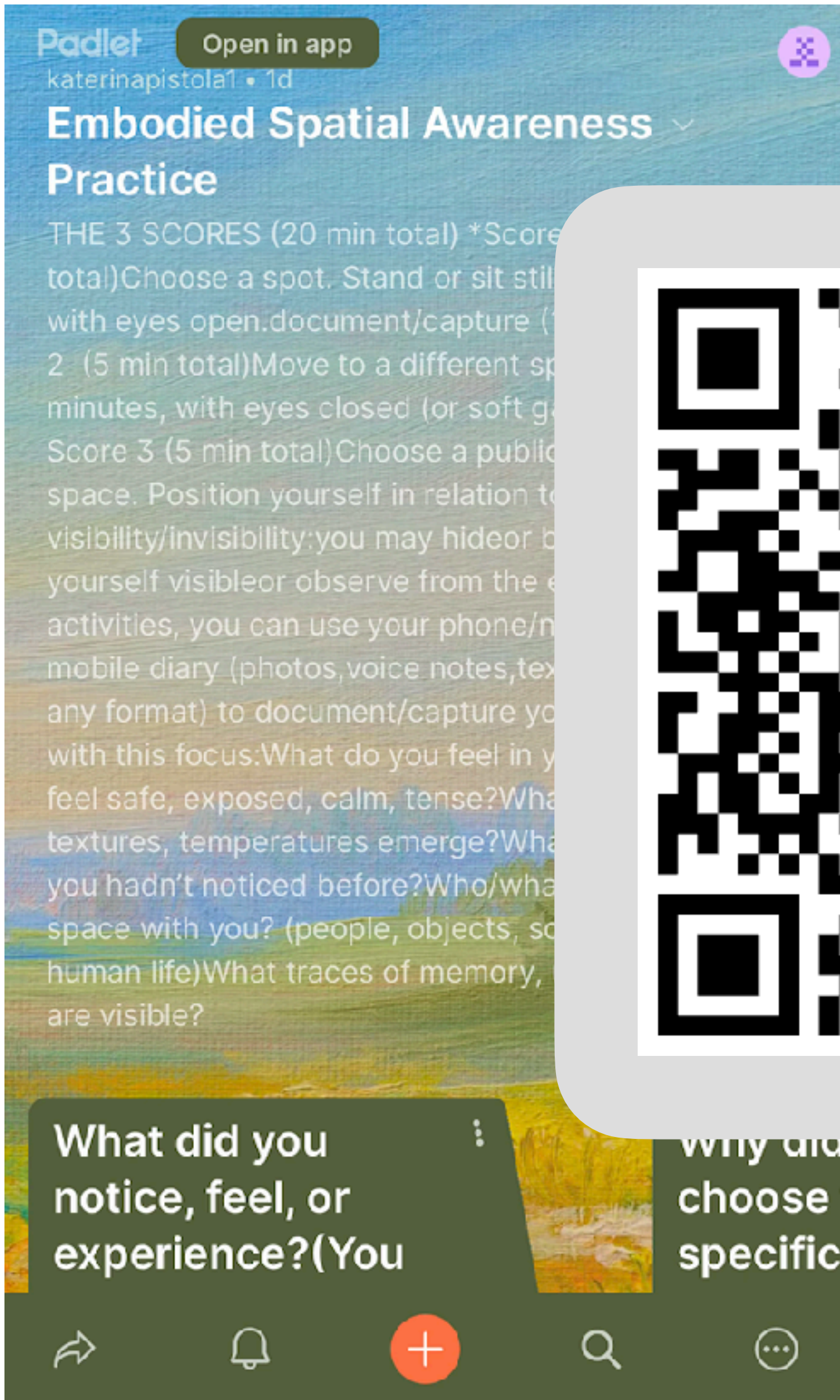


[----- PRESENTATION -----]



Katerina & Kórinna
3 scores in the padlet

[----- PRACTICE -----]



[LINK](#)

Collective Memory walk PRACTICE BOARD

Practice

Walking-as-research: Lived Space and Embodied Awareness

The workshop centers on walking as both the trigger and the material for an expanded artistic exploration of the self in space and place. Following four distinct, yet organically combined, processes:

- a. Walking,
- b. Experiential exercises,
- c. Observation and recording
- d. Discussion, participants experience the transition from “everyday walking” to “walking-as-research”.

Practice

Walking-as-research: Lived Space and Embodied Awareness

THE 3 SCORES (15 min total)

Score 1 (5 min total)

Choose a spot in the public space. Stand or sit still for 3 minutes, with eyes open.

Concentrate on your posture and breathing.

Note down/document/capture feelings, sensations, anything you think is important.

(1–2 min)

Score 2 (5 min total)

Move to a different spot in the public space. Stay still for 3 minutes, with eyes closed. Concentrate on your posture and breathing.

Note down/document/capture feelings, sensations, anything you think is important.

Score 3 (5 min total)

Choose a spot to “hide” and observe. You can really hide, or “hide” in your mind: you may hide, or blend in, or make yourself visible, or observe from the edge.

Observe yourself and the lived space.

Links speakers

Stefania Veldemiri <http://stefaniaveldemiri.com/>

Nikos Theodoropoulos

<https://walklistencreate.org/author/nstheod/>

Kórinna Latèlis <https://www.behance.net/aerechO>
<https://www.facebook.com/AerEchO/>



supercluster.eu/courses/walc



facebook.com/careterra.org



walctogether.eu



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WALC online course
Walking Arts and Local Communities

+400 walkers from 65 countries
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